

Shakti Child Group: One Year of Growth and Transformation

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The Shakti Child Group, formed under the WAWCAS (Women at Work, Children at School) Program and run by the Slisha Organization, has completed its first year in Khokana, Ward No. 21, Lalitpur Metropolitan City. To celebrate and reflect on their journey, a one-day workshop was conducted with facilitators Keshav, Mahesh, and Sangeeta guiding the session.

Objectives of the One-Day Workshop:

- ✓ Reviewing the issue-based training programs conducted throughout the year.
- ✓ Assessing the changes observed in children after a year of participation.
- ✓ Finalizing the scrapbook created by the child group.



Reflection on the Journey:

The workshop began with a review of the past 10 months, prompting children to recall and discuss the issues they had identified during their Social Situational Analysis (SSA). They categorized these issues under three key areas:

Problems at School

- Bullying among friends
- Comparison between knowledgeable and less knowledgeable students
- Teasing and calling friends by nicknames

Problems at Home

- Restrictions on playing games
- Parental conflicts affecting study time
- Poor time management

Problems in the Community

- Improper waste disposal

These issues were then categorized into three action plans—Now, Soon, and Later—to guide their resolution.



Positive Changes Observed in the Children:

After reflecting on their journey, children gradually began sharing the transformations they had experienced:

- Created a schedule for studying, playing, and eating.
- Developed saving habits.
- Reduced consumption of junk food, opting for homemade meals.
- Understood the balance between child rights and responsibilities.
- Took on leadership roles in school.
- Stopped teasing and using inappropriate nicknames for friends.
- Learned to say "No" to inappropriate behavior.
- Managed waste disposal more responsibly.
- Prepared for officially registering the child group.



Finalizing the Scrapbook – A Symbol of Their Growth

Throughout the year, the children participated in discussions on issue-based topics twice a month. They expressed their learning and behavioral changes through drawings, which were compiled into a scrapbook. The final session focused on refining these illustrations to make them more meaningful and visually appealing.

With great enthusiasm, the children named their scrapbook "**Our Creation.**" Their excitement was palpable as they saw their collective journey captured in the pages of their book. The scrapbook stands as a testament to their growth, the challenges overcome, and the lessons learned.

This workshop was not just a reflection but a celebration of how far they have come. The children left with a sense of achievement, motivation, and the determination to continue their positive changes in the coming year.

More Stories from the WAWCAS Women and Their Children

Every month, three WAWCAS women add a new blog to their story on the WAWCAS website. And also, one of our many Child Groups upload a monthly story. You can get insight into the daily struggles and happy moments in the lives of these women and children by clicking the link below.

[Meet the Women and Their Children • Wawcas International](#)