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### **Fostering Team Synergy: Recap of our Team Building Workshop**

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We are thrilled to share the highlights of our recent Team Building Workshop, a dedicated event aimed at nurturing collaboration, communication, and solidarity among our team members. As per the WAWCAS Yearly Activity Plan, we organized a Team Building Workshop at Gautum Hotel in Chandranigahpur, Rautahat from from 3<sup>rd</sup> to 5<sup>th</sup> January 2024. The team was composed of members from Kathmandu, Lalitpur, Tanahun, Lamjung and Rautahat with a total 23 participants.

Our workshop's core objectives were not just about coming together but about truly uniting as a team, understanding individual responsibilities in achieving WAWCAS project outcomes, and

fostering a culture of collaborative excellence. We strived to catch light enthusiasm, fortify coordination, enhance communication, and impart our team with renewed energy and strength.



Throughout the workshop, the preparation of accurately crafted activities served as catalysts for interaction and teamwork. From immersive problem-solving challenges to creatively stimulating group exercises, each activity was precisely designed to foster cooperation, coordination, and open communication channels.

In the spirit of our theme, various games and exercises served as powerful channels for learning essential values such as strategic planning, unity, patience, self-belief, appreciation of others, and the importance of timely leadership transitions. These weren't just games; they were profound lessons in cultivating a culture grounded in clear communication, unity, and equality.

One of the most touching moments of the workshop was when individual teams bravely shared their "roses and thorns" experiences within the team. Through candid discussions, they explored strategies to transform challenges into opportunities, turning every thorn into a rose for our collective journey ahead.

The significance of positivity rebounded in the feedback from participants, who mentioned the workshop for its transformative impact. They spoke of heightened energy levels, enhanced team dynamics, invaluable learning experiences, and the nurturing of a supportive system. The workshop wasn't just about theory; it was a hands-on laboratory where skills were honed, bonds were forged, and perspectives were broadened.



Most importantly, the workshop served for deeper connections and a profound sense of solidarity among team members. As we map our course forward, continued by the success of this workshop, we're committed to harnessing its momentum and propelling ourselves towards even greater collective achievements. Together, we stand stronger, united in purpose, and ready to conquer new horizons.



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### **More Stories from the WAWCAS Women and Their Children**

Every month, three WAWCAS women add a new blog to their story on the WAWCAS website. And also, one of our many Child Groups upload a monthly story. You can get insight into the daily struggles and happy moments in the lives of these women and children by clicking the link below.

[Meet the Women and Their Children • Wawcas International](#)